

◆ The Senior Chatter ◆

Volume 13, No. 6

Menasha Senior Center, Menasha, WI

June, 2009

Dates to remember this month:

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June 1 - Facing Nursing Home Care	1
June 11 - What do I do when I turn 65	7
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Arthritis and driving

For most people, driving represents freedom, control and competence. Driving enables most people to get to the places they want or need to go. For many, driving is important economically—to get to and from work.

Driving is a complex skill. Our ability to drive safely can be affected by changes in our physical, emotional and mental condition.

Having arthritis can make your joints swollen and stiff, which can limit how far you can bend or move your shoulders, hands, head and neck. This can make it harder to grasp or turn the steering wheel, apply the brake and gas pedals, put on your safety belt or look over your shoulder to check your blind spot. And this, too, can limit your reaction time. As a result, arthritis can make it harder for you to drive safely. If arthritis affects your hips, knees, ankles or feet, you also may have difficulty getting in and out of your car.

Can you still drive with arthritis? Yes, most people can drive safely with arthritis. It depends on which joints are affected, and how well you and your health care provider are able to manage your condition. If you use medicine to treat your arthritis, make sure it doesn't make you sleepy. Ask your doctor about treatments that can help with your pain, swelling and soreness. Staying fit and active, by doing exercises*, can keep your joints strong and supple and help with movement and strength. Doing so will help you keep driving safely.

Source: Anchor Newsletter, Two River, '07

*MSC has exercise programs that may help you. Call us.

\$\$ Dollars \$\$ and "Sense"

-4th presentation-

Struggling, confused, wondering, concerned? *\$\$ Dollars \$\$ and "Sense" for Seniors* is an educational workshop series presented by Medicare Specialist Candace Corbett, Winnebago County Dept. of Human Services that may help. Number 4 presentation:

#4 Facing Nursing Home Care? Mon., June 1 at 1:00pm

- Spousal impoverishment protection
- Medicaid eligibility
- Divestment do's and don'ts

Understand protections for income and assets in the event you or your spouse enters a nursing home.

Join us. Tell family and friends.

Financial exploitation: A large and growing problem

By John Hendrick, Attorney, Coalition of Wisconsin Aging Groups

According to the Census Bureau, there are over 1 million Wisconsin residents over the age of 60 and a recent study at the University of Chicago estimates that 3.5% of those will be victims of financial exploitation this year. That would be over 35,000 cases of which only about 1000 will be reported. Statistics like these inspired the Coalition of Wisconsin Aging Groups (CWAG) to take aim at elder financial exploitation with an effort called the Elder Financial Empowerment Project.

What exactly is elder financial exploitation? And who should it be reported to?

Financial exploitation is a category of elder abuse that includes all types of abuse of the assets or other

Continued on page 7

Welcome to the *Senior Chatter*



Menasha Senior Center
116 Main Street Menasha, WI 54952
920-967-3530

Hours: 8:00am-4:00pm Monday-Friday

sbull@ci.menasha.wi.us

web site:

www.menashaseniorcenter.org

Senior Center Supervisor Sylvia Bull
 Activity Coordinator Barb Taylor

MSC welcomes all adults 55 and over to participate in our many activities and utilize our services. There are no membership or residency requirements.

Our mission is to enhance the quality of life of older adults by providing educational, recreational, social and wellness programs and to meet these needs as requested by the community.

MSC Planning Committee:

Meets second Thursday of each month at Menasha Senior Center at 9:00 am.

Members:

Susan Locke Barbro Whiting
 Ruth Jerome Terry Czerwinski
 Norma Heinz Roy Rogers

City of Menasha Committee on Aging:

Meets second Thursday of each month at the Menasha Senior Center at 7:45 am.

Members:

Bob Jankowski Roy Rogers
 Joyce Klundt Sue Steffen
 Lee Murphy Jean Wollerman
 Sue Nett Mary Lueke

(Services are provided without mandatory dues, Senior Center Regulation, Title III Older American Act, Chapter VII, Section 5.45).

Services at MSC

Menasha Meal Site: Meals through Winnebago Co. Nutrition Program are served Monday through Friday at 11:20am at the Menasha Senior Center. Must call 725-6323 by 12:00pm the day before for meal reservations. Must be 60 years or older to participate. Suggested donation of **\$2.75**.

Meal Site Manager: Ardeana "Dee" Osinski

Winnebago Co. Benefit Specialist, Candace Corbett: Candace visits MSC the first two (2) Thursdays each month from 10:00 -11:30am. Call the MSC office at 967-3530 for more information.

60 Plus Health Program: (City of Menasha Health Dept.) Call 967-3520 for personal counseling and screening tests.

-Health screenings offered monthly at MSC

-Blood Pressure checks every Tuesday at MSC

Valley VNA Senior Services Footcare: Clinics are held twice a month from 1-4pm. Must call the VNA at 727-5555 to make your appointment.

Dial-a-Ride: Discount taxi service for Neenah & Menasha residents 60 yrs. and older. Tickets available at MSC.

Menasha School District Lifetime Passes:

For residents 60 yrs. and older who live in the Menasha school district - admission to many school sponsored events.

Information and Referral: MSC will assist in identifying a local agency or organization that may help you. Also available at the office:

County Resource Directories

SeniorCareRx Applications

File of Life

Community Resource brochures, info.

Mini-Library: Resources, books, videos

Computers: Internet access; available 8a-4p (except Weds 12-4:00pm); One-on-one instructions available Monday mornings by appt.

Senior Chatter is a monthly publication of the Menasha Senior Center providing a variety of information on senior issues, events in the community and at MSC - all for \$4.00 a year!

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MENASHA, WI 54952**

Any questions or concerns ? We can help.

Choices for Living

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1535 Lyon Drive
Neenah, WI 54956
Fox Cities (920) 727-5555
Oshkosh (920) 426-1931

Visit our web site at
valleyvna.org to learn
more about your
options for the future.

Phony, funny numbers

Today, telephones have taken all forms and sizes. Whether you use a "land line" or a cell phone, your number buttons all have the same letters (shown here). Businesses sometimes use phone numbers that "spell" a word related to their work. For example, Hank's Used Autos might have the phone number 289-2277. Using the keypad you can spell BUY-CARS.

Spell an appropriate word for each of these phony numbers. Answers may spell one seven-letter word, or a three-letter word plus a four-letter word.

- | | |
|---------------------------|----------|
| 1. Ralph's Roses | 356-7478 |
| 2. Bobby's Barbershop | 288-4247 |
| 3. Dina' Dollar Store | 663-2825 |
| 4. Best Bows and Arrows | 272-4379 |
| 5. Time for Ten Pins | 269-5464 |
| 6. Forks, Knives & Spoons | 288-5379 |
| 7. Outdoor Family Games | 374-7233 |
| 8. Beat those Bunions | 653-3338 |
| 9. Ed's Exercise Clothes | 536-8273 |
| 10. Al's Small Appliances | 862-7837 |

Don't peek 'till after you've given it a try –
answers on page 10



Menasha Senior Center JUNE 2009

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Computer class 1 9:30 Line Dancing 11:30 Meals 12:30 Scrabble 1:00 Men's cards 1:00 Nursing Home Care	2 10:00 Wii 11:00 Meals 1:15-3:00 Blood Pressure ck	3 9:30 Line Dancing 10:15-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Shuffleboard 12:30 Texas Hold'em 1:00 VNA Footcare	4 8:30 Oil Painting 10:00 Benefit Specialist 11:20 Meals 12:30 Cribbage 1:00 BINGO 1:00 BINGO-Sterling House 1:00 Bridge	5 10:00 Wii 11:20 Meals 12:00 Quilting 12:30 <i>Hand&Foot</i> 1:30 Advanced Line Dancing
9:00 Computer class 10 9:30 Line Dancing 10:30am Nutro Bingo 11:20 Meals 12:30 Card making class 1:00 Men's cards	9 10:00 Wii 11:20 Meals 1:00 Bingo 1:15-3:00 Blood Pressure ck	10 9:30 Line Dancing 10:15-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	11 7:45 CA meeting 9:00 PC meeting 8:30 Oil Painting 10:00 Benspec-What do I do when I turn 65 12:30 Cribbage 1:00 Bridge <div style="border: 1px solid black; padding: 2px; display: inline-block;">11:20 Meals</div>	12 10:00 Wii 11:20 Meals 12:00 Quilting 12:30 <i>Hand&Foot</i> 1:30 Advanced Line Dancing
15 9:30 Line Dancing 11:20 Meals 12:30 Scrabble 1:00 Men's cards	16 10:00 Wii 11:20 Meals 1:00 Bingo 1:15-3:00 Blood Pressure ck	17 9:30 Line dancing 10:15-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	18 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge	19 10:00 Wii 11:20 Meals 12:00 Quilting 12:30 <i>Hand&Foot</i> 1:30 Advanced Line Dancing
22 9:30 Line Dancing 11:20 Meals 1:00 Men's cards	23 9:00 Newsletter Assemb. 10:00 Wii 11:20 Meals 1:00 Bingo 1:15-3:00 Blood Pressure ck	24 9:30 Line Dancing 10:15-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	25 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge 1:00 VNA Foot care	26 10:00 Wii 10:00 Anemia Screening 11:20 Meals 12:00 Quilting 12:30 <i>Hand&Foot</i> 1:30 Advanced Line
29 9:30 Line Dancing 11:20 Meals 1:00 Men's cards	30 10:00 Wii 11:20 Meals 10:30-12:00 Blood Pressure 1:00 Bingo	Men's Health Week: June 15 to 21 (www.ahrq.gov/ppip/healthymen.htm) Great American Backyard Campout: Saturday, June 27 (sleep outdoors in your backyard or at a local campground). Try for soda-free summer: Soda is the number-one source of sugar in the American diet. And it is not a healthy food item (ask Loretta Kiemhus, Menasha Health Dept. Dental Hygienist). Healthy alternatives: water flavored with slices of cucumber or citrus fruits; mint leaves or rosemary sprigs.		



Note from Staff. . .

Dear Friends,

Hey, don't forget us this summer!

We'll be around—join us. How about learning Nintendo Wii. Do you Wii? We Wii! It really, truly is fun. Check it out! →

Have a wonderfully warm and bright summer making memories with family and friends.

Sylvia Bull Barb Taylor

WISH LIST

- Card shufflers (2)
- Bocce ball set *
- Jar opener ("one touch" as seen on TV—ask Barb)
- Can opener ("one touch" as seen on TV)
- Acrylic stamps and blocks (ask Barb)

*First we need players. Are you interested in playing bocce ball? Call MSC.

BIRTHDAY GIFT

Have a birthday in **JUNE?** Stop in the office with your ID during the month and pick up your birthday gift.



Exploitation continued from page 7

credit unions also make reports directly to CWAG's Elder Financial Empowerment Project.

CWAG has developed a seminar which brings together social workers, bank employees, law enforcement and CWAG attorneys. CWAG has been selected to present a workshop about this model at the National Victims of Crime conference in Washington DC.

If you or someone you know is a victim of elder financial exploitation (or you would like a presentation to your service group), you can contact CWAG's helpline at 800-488-2596 or email jhendrick@cwag.org.

Menasha Senior Center is planning a presentation on Elder Abuse soon. Watch this newsletter for details.

We Wii! Oui, oui, si, si!

By MSC Staff

(MSC has its very own Nintendo Wii - a donation from a friend of MSC.)

We invite you to experience this fun game. You are thinking, -game on a TV? remote control? action? too technical? Don't think so hard—it really is not difficult.

Let's take bowling for example. Remember when you learned to bowl? Yes, there was a learning curve (same as riding a bike), and there will be a learning curve with Wii, BUT you'll be using a 2oz. remote control instead of a 13 lb. bowling ball. It's easier on your back and legs. And the game does the scoring for you. And tennis - think how easy it will be to do a backhand with a flip of the wrist! And golf - oh, yes, you can get a hook or slice, BUT you won't be anxious because a group of "regulars" are breathing down your back.

At this time, Wii gaming will be assigned to:

Friday mornings at 10:00am and

Tuesday mornings at 10:00am.

We would like to get enough people for teams and we can reschedule times to suit the majority.

If you like to come in and "play" at another time on your own, give us a call to see if the room is available.

Psst - Sylvia is eager to get out of her office and play Wii, so the more people interested in playing the more opportunities she has!!

Quilters receive honors

At ADVOCAP's annual meeting in May, The Menasha Senior Center Quilters received the Community Service Award for Winnebago Co. They were honored for their years of dedication, service and contributions to their community.

The MSC Quilters started in 1994. They have been meeting at the senior center at 12:00 on Fridays where they strategize and tie quilts (many of them cut, coordinate, and sew at home).

Most of their quilts are given to ADVOCAP for distribution to needy individuals and families in the community. They have also given quilts to the Salvation Army and Habitat for Humanity. And they give MSC a quilt for the Christmas and Spring Banquet raffles.

CONGRATULATIONS

Health Corner

By Valerie Davis RN, 60 Plus Program

Cook-Out dos and don'ts

Tips from the Centers for Disease Control & Prevention:

Cook: Cook meat, poultry and eggs thoroughly. Using a thermometer to measure the internal temperature of meat is a good way to be sure that it is cooked sufficiently to kill bacteria. For example, ground beef should be cooked to an internal temperature of 165°F. Eggs should be cooked until the yolk is firm.

Separate: Don't cross-contaminate one food with another. Avoid cross-contaminating foods by washing hands, utensils and cutting boards after they have been in contact with raw meat or poultry and before they touch another food. Put cooked meat on a clean platter, rather than back on one that held the raw meat.

Chill: Refrigerate leftovers promptly. Bacteria can grow quickly at room temperature, so refrigerate leftover foods if they are not going to be eaten within 4 hrs. Large volumes of food will cool more quickly if they are divided into several shallow containers for refrigeration.

Clean: Wash produce. Rinse fresh fruits and vegetables in running tap water to remove visible dirt and grime. Remove and discard the outermost leaves of a head of lettuce or cabbage. Because bacteria can grow well on the cut surface of fruit or vegetables, be careful not to contaminate these foods while slicing them up on the cutting board, and avoid leaving cut produce at room temperature for many hours.

Keep food and condiments covered as much as possible to avoid cross-contamination from insects.

Don't be a source of food borne illness yourself. Wash your hands with soap and water before preparing food. Avoid preparing food for others if you yourself have a diarrheal illness. Changing a baby's diaper while preparing food is a bad idea that can easily spread illness.

Report: Report suspected food borne illness to your local health department, an important part of the food safety system. Calls from concerned citizens are often how outbreaks are first detected.

60 Plus Health Program Blood Pressure Screenings

Schedule for June 2009

Menasha Senior Center

Tues. June 2	1:15-3:00 pm
Tues. June 9	1:15-3:00 pm
Tues. June 16	1:15-3:00 pm
Tues. June 23	1:15-3:00 pm
Tues. June 30	No Blood pressure ck

Elizabeth Court Apts. Thurs., June 11 1:30 pm

Lakeside Commons Thurs., June 11 2:00pm

St. John's Keenagers Thurs., June 25 1:30pm

The last blood pressure clinic of the month at MSC will also be a **Health Consultation**. If you have any health related questions, feel free to stop in - I will do my best to answer them for you. Val Davis, RN, PHN, 60+ Program

What you think about is what you think about

"Happiness is a journey, not a destination; (it) is to be found along the way not at the end of the road, for then the journey is over and it's too late. The time for happiness is today not tomorrow." ~Paul H. Dunn

Do you know that your attitude and thoughts affect how you live? If you think negative and down thoughts, you will become negative and depressed; but if you think positive and uplifting thoughts, you and everyone around you will be much happier, positive and content. Research has shown that if you spend 30 mins. Each day sitting quietly and thinking, reading or meditating on positive and happy thoughts you will change your brain chemistry to be more positive in just two weeks!

"Happiness is when what you think, what you say, and what you do are in harmony."
Mohandas K. Gandhi

"When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace."
Dalai Lama

Activities at MSC

Regularly scheduled activities:

- ◆**Bingo:** 1st Thursdays 1-2:40pm; 2nd, 3rd, 4th Tuesdays 1-2:40pm
- ◆**Intermediate and Advanced Line Dancing:** Monday and Wednesday morning 9:30-10:30am. \$1.00 per class. Instructor: Carol Dolan. Beginner lessons available. Call.
- ◆**Card Games:** *Men's Sheephead* (not for beginners) - Mondays at 1:00pm, (Sept.—May); *Hand&Foot* - Fridays at 12:30pm; *Bridge* (not for beginners) - Thursdays at 1:00pm; *Texas Hold'em* Wednesdays 12:30.; *Cribbage* - Thursday, 12:30pm;
- ◆**Quilting Group:** Meet Fridays 12:00-2:00pm.
- ◆**Weight loss group:** Wed. mornings 11:00am
- ◆**Shuffleboard:** Wednesdays 12:30-3:30pm
- ◆**Computer Classes:** One-on-one individualized instructions. Monday mornings. Call 967-3530.
- ◆**Greeting card class:** Every 2nd Monday 12:30-3:00pm. \$2.00. Supplies available.
- ◆**Computer Lab:** Computers are available for use during center's week day working hours (*except* Wed. afternoons).
- ◆**Chair Exercise Class:** (strength, flexibility, balance) every Wednesday morning 10:15-11am; free.
- ◆**Scrabble:** 1st and 3rd Mondays at 12:30pm

Postings:

A purported sign in a Missouri restaurant inside the door said:

Hostess on Duty,
Please Wait to be Seated

In their restroom there was another sign:

Hostess off Duty,
Please Seat Yourself

Here's another from a different establishment:

Notice: Prices subject to change
according to customers' attitudes.

A quote to ponder. Do you agree?

"Life is like a dry diaper. It doesn't take care of the problem, but it makes it bearable for a while!

Michael Prichard

Upcoming events

What do I do when I turn 65?

More people now are asking this question. It's important to learn about this before your 65th birthday. Candace Corbett, Winnebago Co. Benefit Specialist will offer this information presentation often throughout the year. The next one is at MSC on:

Thursday, June 11 at 10:00am

Do you think a family member, a neighbor or friend would be interested in this information? Please tell them about it.

Exploitation continued from page 1

financial resources of persons over 60. Although identity theft, telemarketing and Internet scams may be the first things that spring to mind, CWAG has found that over sixty per cent of the perpetrators are family members. And some of the common weapons of abuse are the financial power of attorney and the familiar joint bank account. So CWAG works to educate seniors and professionals about the pitfalls of these common financial tools as well as lobbying the legislature to adopt an improved Power of Attorney statute.

Another group of possible perpetrators includes caregivers such as home health care providers. CWAG works with caregivers and agencies to prevent and detect abuse and lobbies for disclosure of criminal background checks to the elder before a home health worker enters their home

The Financial Empowerment Project addresses the problem of elder financial exploitation from all angles. The Project provides assistance to victims, lobbying at the state and federal level, and prevention seminars. Another priority is outreach to professionals including bank employees and law enforcement to increase reporting of abuse and prosecution of the perpetrators.

Since bank employees can be the first line of defense against financial exploitation of their elderly customers, CWAG worked with Senator Kohl and Senator Feingold to get a letter from federal bank regulators which allows them to report financial exploitation of their customers to county elder adult-at-risk agencies. Employees of banks and

Continued on page 5



TRIAD Tip

Officer Jeff Jorgenson,
Crime Reduction Coordinator

Menasha Police Department 920-967-3569

Lock'em up

Pop Quiz: What does your next door neighbor's garage refrigerator and your medicine cabinets have in common?

They are both the targets to *summer thievery*. It is not just beer that is targeted for summer mischief but medications as well. The national trends identify "pharm parties" which have no affiliation to the barn dances of yesteryear. These "pharm parties" stand for pharmaceutical parties where each attendant brings a couple of pills from their family medicine cabinet and puts them in a bowl. Then party goers supposedly grab a fistful of pills and see what happens. Fortunately we do not have actual documentation of that locally, however, we have seen a few parties that came very close to killing a youth attendant.

The parties in Menasha were mixing over the counter medications with alcohol. The evidence of these occurrences has been the empty wrappings in the park department dumpsters, the conversations overheard in the hallways of our schools, the stolen inventory from our retail stores and convenience centers and the two or three ambulance calls and emergency room visits which almost took two lives.

I am sure none of this would involve your family members but if your medications are not bubble wrapped by dose or you would not know if 2 or 3 pills were missing you might want to consider moving them out of the bathroom. If you can't lock them, at least move them to an area of the house that no one needs to go like a closet in your bedroom, etc. By keeping medications in your bathroom you are allowing anyone who uses your bathroom privacy and access to your medications.

We are also working with local pharmacists to be more discreet when filling your prescriptions so as not to announce what type of medicines you are taking home in case there are criminals listening.

Continued on page 12

2008 TRIPS with MSC



Plan now

Call 967-3530

Wed., June 10 "Holy Land", Brats & Dogs

Travel to the Siberian Outpost in Malone where to observe a master at work - training dogs for dog sled racing. Then we tour the enchanting Villa Loretta retirement complex in Mt. Calvary - home to Sisters, lay staff and a myriad of live critters. We'll enjoy a hayride, a Ho-Down lunch and have an opportunity to visit their Nun-Better bakery. Then we'll stop at Hoff's United Foods in Brownsville where we can choose from 26 different flavored brats (you can buy 1 or 21) or other award winning meats. Before we head home we'll make a stop at Heavy Critters for a chance to explore different and unique ornamental designed "critters".

Cost: \$48.00 (includes lunch, coach and hayride) \$10 at registration/pay in full by June 1

Lv MSC: 7:30am Ret MSC: 4:00pm approx.

Hurry!
There's still time.
Join us
on this
fun trip.

Wed., July 8 Around Town Tour -

We'll head north-east out of town and visit the expanding metropolis of Greenville with stops at the Bulk-Priced Food Shoppe and the Special Memories Zoo (a small intimate zoo w/little walking). We'll eat lunch at the Countryside Catering and Café. We'll take a different route back home so we can see other territory.

Cost: \$20.00 (school bus and lunch included). Pay in full at registration.

Lv MSC: Ret MSC:

Wed., Sept. 30 Door County Tour

This is what you have to look forward to: Candleworks - demonstration and your own candle dipping; Tannenbaum - shopping; Sequist Orchards - jam, jellies, and apples; Al Johnsons - lunch and goats (lunch is Swedish meatballs, mashed potatoes, tossed salad, cherry cheese pie); Sister Bay - shopping or strolling; Door Peninsula Winery - tour and tasting.

Cost \$45.00 (includes bus, food, tips). \$10 at registration; pay in full by Sept. 16.

Lv MSC 7:30am sharp Ret MSC:

ANEMIA SCREENING

DATE: Friday, June 26th, 2009

TIME: 10:00 – 11:00 am

WALK-IN BASIS

PLACE: Menasha Senior Center
116 Main Street

Donations accepted to help defray costs

Sponsored by:
Menasha Health Department's 60 Plus Program

For Further Information
Call 967-3520

Alten Haus Assisted Living

625 and 635 Bondow Dr.
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Web Site: altenhaus.com

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Website: www.ogdenre.com



An Awww

An eye witness account from New York City on a cold day in December, some years ago: A little boy, about 10-years-old, was standing before a shoe store on the roadway, barefooted, peering through the window, and shivering with cold. A lady approached the young boy and said, 'My, but you're in such deep thought staring in that window!' 'I was asking God to give me a pair of shoes' was the boy's reply. The lady took him by the hand, went into the store, and asked the clerk to get half a dozen pairs of socks for the boy. She then asked if he could give her a basin of water and a towel.

He brought them to her. She took the little fellow to the back part of the store and, removing her gloves, knelt down, washed his little feet, and dried them with the towel. By this time, the clerk had returned with the socks. Placing a pair upon the boy's feet, she purchased him a pair of shoes. She tied up the remaining pairs of socks and gave them to him. She patted him on the head and said, 'No doubt, you will be more comfortable now.' As she turned to go, the astonished kid caught her by the hand, and looking up in to her face, asked her, 'Are you God's wife?'

By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong.

Author Unknown

- | | | | |
|-------------|------------|-------------|-------------|
| 1. Florist | 4. Archery | 7. Frisbee | 10. Toaster |
| 2. Cut hair | 5. Bowling | 8. Old feet | |
| 3. One buck | 6. Cutlery | 9. Leopard | |

Phony number answers:

Menasha Senior Center's

RWB Party

Menu:

Ham sandwiches
Coleslaw
Baked Beans
RWB dessert



July 10, '09
1:00 - 3:00pm

Entertainment:

To be announced

Ticket: \$5.00

Ticket deadline: July 8

More Oh Brothers! and a couple of Awwws!

Teacher: George Washington not only chopped down his father's cherry tree, but also admitted it. Now, Louie, do you know why his father didn't punish him?

Louis: 'Cause George still had the axe in his hand.

Teacher: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his? **Clyde:** No, sir. It's the same dog.

Teacher: Harold, what do you call a person who keeps on talking when people are no longer interested? **Harold:** A teacher

A first grade teacher was discussing a picture of a family. One little boy in the picture had a different hair color than the other members. One of her students suggested that he was adopted. A little girl said, 'I know all about adoption, I was adopted.' 'What does it mean to be adopted?', asked another

child. 'It means', said the girl, 'that you grew in your mommy's heart instead of her tummy!'

On my way home one day, I stopped to watch a Little League baseball game that was being played in a park near my home. As I sat down behind the bench on the first-base line, I asked one of the boys what the score was 'We 're behind 14 to nothing,' he answered with a smile. 'Really,' I said. 'I have to say you don 't look very discouraged.' 'Discouraged?', the boy asked with a puzzled look on his face... 'Why should we be discouraged? We haven't been up to bat yet.'

Whenever I'm disappointed with my spot in life, I stop and think about little Jamie Scott. Jamie was trying out for a part in the school play. His mother told me that he'd set his heart on being in it, though she feared he would not be chosen. On the day the parts were awarded, I went with her to collect him after school. Jamie rushed up to her, eyes shining with pride and excitement. 'Guess what, Mom,' he shouted, and then said those words that will remain a lesson to me..... 'I've been chosen to clap and cheer.'

Editor's note: received these from a senior via email. I don't know the original source.

Lock'em up continued from page 9

Pain medications certainly put you and your home at a greater risk as individuals who are addicted to pain medications will take great risk to fill their addiction. If you would like a quick security survey of your home contact your local crime prevention officer.

In Menasha: Jeff Jorgenson 967-3569
jjorgenson@ci.menasha.wi.us

In Neenah: Pam Martin 886-6000
pmartin@ci.menasha.wi.us

Tn of Menasha: Jason Weber 720-7109
jweber@town-menasha.com

Free legal assistance clinic

First Tuesday of every month
 at the **Menasha Public Library**
 4 - 6pm, lower level

First come, first serve.
 Sponsored by Winnebago County Clerk of Courts.

Thank you! ❤️

We would like to say thank you to all volunteers and friends of MSC who contribute service, money and gifts to the Menasha Senior Center. We considered creating a 'thank you' list in this newsletter, but realized that we surely would, inadvertently, neglect to list someone's name and donation. So to avoid offending anyone we will, instead, give a hearty personal thank you at the time of the contribution.

You can make a difference . . .

You can leave a legacy by remembering the Menasha Senior Center in your will. Your generosity will enable the center to continue to provide programming, classes and services to older adults of the Menasha area. If you are considering this option, please call Sylvia Bull to discuss various ways that you can assist the Center in fulfilling its mission.

"When I was a boy of 14, my father was so ignorant I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much the old man had learned in seven years."

~Mark Twain

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The Senior Chatter

June 2009 Issue Vol. 13, No. 6

Happy Father's Day
 "Sometimes the poorest man leaves his children
 the richest inheritance."
 ~Ruth E. Renkel



Menasha Senior Center
 116 Main St., Menasha 54952
 967-3530

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 Wisconsin Association of Senior Centers
 and a member of
 the Coalition of Wisconsin Aging Groups



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